

For information about the US Masters Swimming (USMS) Adult Learn-to-Swim program, please go to the USMS web site, <http://www.usms.org/alts/>

Adult Learn-to-Swim (ALTS)



If you are interested in learning how to swim through the US Masters Swimming Adult Learn-to-Swim program and need to find USMS-certified Adult Learn-to-Swim instructors near your location, please go to

<http://www.usms.org/alts/altsinstrsearch.php>

to reach the page titled "Search for Adult Learn-to-Swim Instructors." You can enter your zip code and press Search to get a list of nearby USMS-certified ALTS instructors.

Search for Adult Learn-to-Swim Instructors

Search by Zip Code

To find the Adult Learn-to-Swim Instructors near you, enter your zip code and press Search.

Find Adult Learn-to-Swim Instructors within miles of (zip code)

If you are a USMS member and are interested in becoming a certified Adult Learn-to-Swim instructor or need to know more about the certification process, please see the following:

For general information, go to http://www.usms.org/content/alts_cert .

For ALTS instructor certification frequently asked questions (FAQs), go to http://www.usms.org/content/alts_cert_faq .

For a schedule of upcoming certification courses, go to <http://www.usms.org/alts/futurecourses.php> .