



**SAN DIEGO-IMPERIAL LOCAL MASTERS SWIMMING COMMITTEE (SI LMSC)  
a division of UNITED STATES MASTERS SWIMMING INC (USMS)  
SI LMSC, 5666 La Jolla Blvd #244, La Jolla, CA 92037  
2022 NEWSLETTER**

U.S. Masters Swimming (USMS) is a nonprofit, member-run corporation founded in 1970 that governs and coordinates Masters Swimming in the United States. USMS promotes “health, wellness, fitness, and competition for adults through swimming.” “USMS supports and encourages competition among its members and those of other nations,” but more than half of its members are fitness swimmers who do not compete. Adults age 18 and over are eligible to be members of and to participate in USMS. USMS is one of five organizations which comprise "United States Aquatic Sports" (USAS). USAS is a member of FINA, the international governing body for aquatic sports.

**Local Masters Swimming Committees (LMSCs)** are geographical divisions of the USMS Corporation with supervisory responsibilities within their specified geographic territory. LMSCs are grouped into eight zones. The Southwest Zone is composed of the LMSCs from SAN DIEGO-IMPERIAL (SI), Southern Pacific (SP), Arizona (AZ), and New Mexico (NM). Information about individual LMSCs can be found on the USMS web site under the “Local Programs” tab, <https://www.usms.org/lmsc/>.

**San Diego-Imperial Local Masters Swimming Committee (SI LMSC)**

The SI LMSC web site address is <http://www.simastersswim.org>.

The SI membership/registration site is <https://www.usms.org/join>.

LMSC swimmers can view their performances and unofficial rankings at the USMS event ranking database, [https://www.usms.org/comp/meets/toptimes.php?utm\\_campaign=top\\_nav&utm\\_medium=events\\_and\\_results](https://www.usms.org/comp/meets/toptimes.php?utm_campaign=top_nav&utm_medium=events_and_results).

Not all meet results appear in the database. Rankings are unofficial depending upon pool measurements, meet conduct, or whether meets were conducted according to USMS standards. For official year-end rankings, consult the USMS Top 10 list, <https://www.usms.org/comp/tt/>.

The USMS link to SI LMSC information, <https://www.usms.org/lmsc/lmscinfoform.php?LMSCID=44>, includes SI officers and representatives, places to swim, annual meeting minutes, bylaws, and more.

SI LMSC organizes, governs, and coordinates Masters Swimming in San Diego County and Imperial County in California. SI LMSC membership fees help pay for expenses involved with running the local program. This includes overseeing club and individual membership registrations, sanctioning and recognizing Masters Swimming events in the SI LMSC, updating and providing information to Masters swimmers, processing event results, verifying and submitting times for USMS Top 10 times and the event ranking database, verifying and submitting applications for local, national, and FINA world records, partially subsidizing locally-run events, representing SI LMSC at the USMS annual meeting, maintaining LMSC standards as set by USMS, filing tax forms, archiving documents as required, etc.

Volunteers are needed to time at Masters Swimming events, to perform LMSC functions, to proof the Places to Swim/Workout Locations list and the web site for typos, link errors, and outdated content. If you are able to help, please send an email to [info@simastersswim.org](mailto:info@simastersswim.org); substitute "@" for (at) and "." for (dot).

**Swimwear rules for pool and open water competition**

For USMS-sanctioned or recognized pool competitions, swimwear must comply with FINA standards. See USMS Rule Book article 102.12, “Swimwear for Pool Competition.” Competitors may wear only one swimsuit in one or two pieces (swim bikinis are OK; jog bras, athletic supporters, or a second suit under a suit are NOT OK). All suits must be made from a textile material (no neoprene, etc.). For women, the suit shall not cover the neck or extend past the shoulders or below the knees. For men, the suit shall not extend above the navel nor below the knees. Suits may NOT have fasteners (no clasps, clips, hooks, snaps, zippers, buttons, back ties, or any other fastener systems with the exception of a waist tie).

For USMS-sanctioned open water events, see USMS Rule Book article 303.4, “Swimwear for Open Water Events.” Acceptable swimwear is listed and defined in two categories. For category I, suits must conform to the USMS pool competition standards. Category II permits wearing wetsuits and swimwear that does not meet the requirements for category I.

**USMS MEMBERSHIP (REGISTRATION):** Swimmers must have a current USMS membership to participate in USMS-sanctioned events and organized Masters Swimming workouts which require membership for liability insurance coverage and to be eligible for inclusion in the USMS event ranking database, individual or relay National Top 10 times, and for SI LMSC, USMS National, and FINA World records.

**ONLINE - INDIVIDUAL USMS MEMBERSHIP PROCESS:**

Beginning on November 1 each year, an email with membership registration information is sent to everyone who provided an e-address. Registration renewal: <https://www.usms.org/lmsc/lmscinfoform.php?LMSCID=44>.

**VIA MAIL - INDIVIDUAL USMS MEMBERSHIP PROCESS:**

You can also apply for or renew your USMS membership by mailing a signed application form. The form can be downloaded from the SI LMSC web site at <http://www.simasterswim.org/SI-USMS-ReqMember-Form.pdf>.

**PRINT A MEMBERSHIP CARD WHENEVER NEEDED**

To print your USMS membership card, go to <https://www.usms.org/req/getcard.php> and correctly enter your First Name, Last Name, Gender, Birth Date, and Zip Code. Open your card file and print your card copy.

**UNATTACHED, or UNAFFILIATED, is now "UC44"**

Due to FINA (international swimming governing body) rulings and 2013 USMS actions, individuals who join USMS (register for USMS membership) in the SI LMSC and who indicate no club affiliation are listed with a club designation of "UC44" (previously called UNAT or unattached). According to FINA rules, all competitors must be members of registered clubs. Allowing unattached or unaffiliated competitors to participate in USMS events would not comply with FINA rules and would cause times from ALL competitors participating in an event to be dis-allowed for FINA Top 10 times and for World Record consideration. Swimmers "not affiliated with a team" in the SI LMSC are listed as club UC44 (Unaffiliated Club from SI LMSC). The numerical code for the SI LMSC is "44" and is listed as the first two digits of your membership number.

Unaffiliated swimmers are ineligible for relay team participation or team points competitions. UC44 swimmers who enter international meets must list UC44 as the full club name and abbreviation. Never list "unattached."

**CHANGE OF CLUB AFFILIATION:**

The annual registration renewal period is the only time when you can change club affiliation from one club to another club without a 60-day waiting period and without a transfer form. The annual registration renewal period begins on November 1 and goes until you actually renew your membership. Further information about change of club affiliation is below.

**CHANGING AFFILIATION** from UC44 (unaffiliated club) to a club requires **NO** waiting period and can be done by filing an Application for Transfer of Club/LMSC Membership form:

<http://www.simasterswim.org/ClubTransForm-SI.pdf>.

**CHANGING AFFILIATION (changing club representation/affiliation)** from one club to another club **at the annual re-registration time** requires **NO** waiting period and no transfer form.

**CHANGING AFFILIATION** from one club to another club **other than at the annual re-registration time** requires a **60-day "waiting" period**. The following options are available:

- 1) Do not compete in any sanctioned events for 60 days and file an Application for Transfer of Club/LMSC Membership form, <http://www.simasterswim.org/ClubTransForm-SI.pdf>, after the 60-day waiting period to change from one club to another.
- 2) If you want to compete during the 60-day waiting period, you must change your affiliation to UC44 (unaffiliated) by filing an Application for Transfer of Club/LMSC Membership form, <http://www.simasterswim.org/ClubTransForm-SI.pdf>, and swimming sanctioned events as "UC44" during the 60-day waiting period. Sixty days after having last represented your former club in a sanctioned event, you can officially change affiliation to the new club by filing another Application for Transfer of Club/LMSC Membership form. Note that during the 60-day waiting period, you can compete as UC44 (unaffiliated) in sanctioned events only if you officially transferred or changed to UC44, unaffiliated club status.