

SAN DIEGO-IMPERIAL LOCAL MASTERS SWIMMING COMMITTEE (SI LMSC)

San Diego-Imperial Local Masters Swimming Committee, SI LMSC web address: "simasterswim.org"

USMS Long Distance/Open Water Events & National Championships: www.usms.org/longdist
A current USMS Membership/Registration Card copy must be attached to all entries for masters sanctioned events. See end of calendar for contact information of other LMSCs.

CALENDAR OF MASTERS SANCTIONED OPEN WATER AND LONG DISTANCE EVENTS

OW = Open Water Event; LD = Long Distance; SI = San Diego-Imperial; AZ = Arizona;
NM = New Mexico; OR = Oregon; PC = Pacific; PN = Pacific Northwest; SPMA = Southern Pacific
Masters Assn.; USMS = United States Masters Swimming; UT = Utah

Postal National Championships (Postal & Open Water- <http://www.usms.org/longdist/ldchamps.php>)

CALENDAR OF USMS SANCTIONED LONG DISTANCE POSTAL EVENTS

May 15-Sep 15 USMS 5 & 10 K Postal National Champs (50 m pool only);

Info: Bob Husson, 252-638-8425, onegoodbloke@hotmail.com; Hans van Meeteren, 252-745-9836, hans.vanmeeteren@gmail.com

Sep 15-Nov 15 USMS 3000/6000 Yard Postal Championships (25 yard pools only), hosts Masters of South Texas; Information: Susan Ingraham, 210-493-0388, Aquatex101@aol.com

Jan 01-31, 2011 USMS One Hour Postal National Championship

CALENDAR OF USMS SANCTIONED and FINA OPEN WATER EVENTS

MAY 2010

29 **USMS 1 Mile Open Water Championships**, Lake Norman, Charlotte, NC,
Information: Steve Watkins, 704.207.9559, steve@thecustomcoach.com

JUN 2010

06 **USMS 1.5 Mile Open Water Championships**, Lake Del Valle, Livermore, CA; Information: Bill McCracken, 925-216-7918, mccracmiller@pacbell.net, Joe Couto, 925-846-7710, josephrcouto@yahoo.com

19 **USMS 3.7 Mile Open Water Championships** (6 km), Bowles Reservoir, Littleton, CO; Info: Karen Reeder, 719.592.1923, dksreeder@skybeam.com, Jeff Magouirk, 303.596.6993, swimwithfishes@earthlink.net

JUL 2010

04 **SI LMSC Open Water** (tentative) Coronado Open Water Swim

10 **USMS 2-Mile Cable Championships**, Chris Greene Lake, Charlottesville, VA;
Information: Dave Holland, henrydafif@aol.com, Event Web Site: www.cableswim.org

17 **USMS 6.2 Mile Open Water Championships** (10 km), Morse Reservoir, Noblesville, IN;
Information: Dick Sidner, 231.330.8904, dsidner@gmail.com

AUG 2010

07 **2010 FINA Masters World Championships**, Open Water Event, Goteborg and Boras, Sweden

SEPT 2010

OCT 2010

NOV 2010

07 Daylight savings time ends at 2 AM on 11/07/2010

DEC 2010

JAN 2011

01-31 **USMS One Hour Postal National Championship**

2011 TBA **USMS 25k Open Water Championships**, to be held in 2011, Morse Reservoir, Noblesville, IN

SI (San Diego-Imperial) LMSC – web site <http://www.SImasterswim.org>; includes all of San Diego County & Imperial County in California.

AZ (Arizona) LMSC – AZ web site: www.azlmsc.org; AZ Masters chairperson: ARIZChair@usms.org; includes all of the state of Arizona

NM (New Mexico) LMSC –NM web site: www.zianet.com/pdjang/nmms/; includes all of New Mexico

OR (Oregon) LMSC: OR web site: <http://www.swimoregon.org>; All of Oregon except Malheur County & Washington Counties of Cowlitz, Skamania, Clark, & Klickitat west of Hwy 97; OregChair@usms.org

PC (Pacific) LMSC: CA north of San Luis Obispo, Kern, & San Bernardino Counties plus Nevada Counties of Humboldt, Washoe, Lyon, Storey, Mineral, Douglas, Churchill, Pershing, Lander, and Carson City. PC web site: www.PacificMasters.org. PC Chair email: PacificChair@usms.org

PN (Pacific Northwest) LMSC: PN web site: <http://www.swimpna.org/>; PN includes the state of Washington west of but not including the counties of Okanogan, Chelan, Kittitas, and Yakima, and north of but not including Cowlitz, Skamania, and Klickitat counties. PNA Chair: PNACChair@usms.org

SP (Southern Pacific) LMSC – SP web site: <http://www.spma.net>; The SPMA office (Julie Heather, 626/296-1841) is at 957 N El Molino Ave, Pasadena, CA 91104. SP chair SPMAChair@usms.org SPMA includes Los Angeles, Orange, Riverside, Santa Barbara, Ventura, San Luis Obispo, & San Bernardino Counties in CA & the Nevada counties of Clark, Lincoln, Esmeralda, & Nye.

UT (Utah) LMSC – all of Utah. Web site: www.utahmasters.org; chair email - UtahChair@usms.org.

UNITED STATES MASTERS SWIMMING WEB SITE "www.usms.org" contains information about National Meets, Top Ten Times, event ranking, All Americans, National & World Records, event schedules, forms, Places to Swim, USMS Rules & Regulations, forums, links, etc.

USMS National Headquarters are at 655 North Tamiami Trail, Sarasota, FL 34236. Office tel: 941-256-USMS (8767); Fax: 941-556-SWIM (7946); Toll Free: 800-550-SWIM (7946).

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