

# SAN DIEGO SWIM MASTERS - USMS

## 2012 Short Course Meters Meet

**Salvation Army Kroc Center**

**Sunday, Nov. 18, 2012**

**San Diego, CA**

Sanctioned by San Diego-Imperial Local Masters Swimming Committee (SI LMSC) for USMS, Inc., **Sanction #442-S003**  
SI LMSC ref # 442-MS-05-S

The Salvation Army Ray & Joan Kroc Aquatic Center - 6845 University Ave, San Diego, CA 92115

Sunday, November 18, 2012 - 8 am warm-up, 9 am start - Outdoor pool, 25M x 25Y, 7-12' deep

### Online Entry Instructions

Visit: <http://www.ClubAssistant.com>

### Mail Entry Instructions

- (1) Complete Swimmer Information
- (2) Choose up to 5 individual events; enter accurate times or estimates, do not omit an entry time or enter "no time"
- (3) Sign and Date Liability Release
- (4) Mail this form, your payment, and a copy of your 2012 (or 2013) USMS Card (or foreign equivalent) to:  
SDSM Meet, 8611 Neva Ave, San Diego, CA 92123

### Entry Fee

\$20 Individual Entry (**No Deck Entry**); \$10 "Relay Only" Entry Fee

Meet Director: Kenton R. Jones

kerujo@aol.com (858) 254-3960

### Schedule of Events

	Event	Entered Time
1	1500 Freestyle	___ : ___ . ___
2	50 Butterfly	___ : ___ . ___
3	100 Backstroke	___ : ___ . ___
4	200 Breaststroke	___ : ___ . ___
5	50 Freestyle	___ : ___ . ___
6	100 Individual Medley	___ : ___ . ___
7	200 Butterfly	___ : ___ . ___
8	50 Backstroke	___ : ___ . ___
9	100 Breaststroke	___ : ___ . ___
10	200 Freestyle	___ : ___ . ___
11	400 Individual Medley	___ : ___ . ___
12	100 Butterfly	___ : ___ . ___
13	200 Backstroke	___ : ___ . ___
14	50 Breaststroke	___ : ___ . ___
15	100 Freestyle	___ : ___ . ___
16	200 Individual Medley	___ : ___ . ___
17	400 Freestyle	___ : ___ . ___
18-20	200 Free Relay	M / W / X
21-23	400 Medley Relay	M / W / X
24-26	800 Free Relay	M / W / X
27-29	200 Medley Relay	M / W / X
30-32	400 Free Relay	M / W / X
33	800 Freestyle	___ : ___ . ___

### Swimmer Information

Name: \_\_\_\_\_

Gender:     Male                       Female

Birthdate: \_\_\_\_\_ Age: \_\_\_\_\_ \*(as of 12/31/2012)

Address: \_\_\_\_\_

\_\_\_\_\_

E-Mail: \_\_\_\_\_

Phone: \_\_\_\_\_

USMS #: \_\_\_\_\_

(2012, 2013, or foreign equivalent)

Club: \_\_\_\_\_

### Liability Release (must be signed before a swimmer can be entered into the meet)

"I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS."

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

MEET: **San Diego Swim Masters ~ Short Course Meters Meet**, Sunday, November 18, 2012, 8:00 am warm-up, 9:00 am start, Sanctioned by San Diego-Imperial Local Masters Swimming Committee (SI LMSC) for USMS Inc., **Sanction #442-S003**, SI LMSC ref. 442-MS-05-S

POOL: The Salvation Army Ray & Joan Kroc Corps Community Center, Outdoor pool, 25M x 25Y, 7-12' deep, 6845 University Ave, San Diego, CA 92115, <http://www.kroccenter.org>. FROM THE NORTH: Take Interstate 5 South to Interstate 805 South to Interstate 8 East, exit on Alvarado Rd/College Ave, keep right at the fork, merge south onto College Ave, turn left onto University Avenue. FROM THE SOUTH: Take Interstate 5 North to Interstate 15 North to State Route 94 East, exit on Broadway/College Ave, keep right at the fork and follow signs for College Ave, merge onto Federal Blvd then slight right onto College Ave, turn right onto University Ave. Salvation Driveway is on the right (south side). Turn right into parking lot.

ELIGIBILITY: All persons holding a 2012 (or 2013) United States Masters Swimming (USMS) membership card or a foreign equivalent may participate provided that a legible masters card copy and completed entry form are submitted and the liability release is signed. USMS on-line membership is available at <https://www.clubassistant.com/club/USMS.cfm?L=44>. A membership form can be downloaded from the membership section of the SI LMSC web site at <http://www.SIMasterSwim.org>.

ENTRY FEE: \$20 individual entry fee (**NO DAY-OF-MEET DECK ENTRIES WILL BE ALLOWED**); \$10 flat fee for "Relay Only" swimmers. There will be NO REFUNDS for cancellations or no shows.

TO ENTER ONLINE: [https://www.ClubAssistant.com/club/meet\\_information.cfm?c=1322&smid=4147](https://www.ClubAssistant.com/club/meet_information.cfm?c=1322&smid=4147)

TO ENTER BY MAIL: Send completed entry form w/ signed liability release, a legible copy of your 2012 (or 2013) USMS/foreign card, & check payable to "Kenton Jones" to: SDSM Meet, c/o Kenton Jones, 8611 Neva Ave, San Diego, CA 92123.

DEADLINE: Mail entries must be received by noon on Saturday, November 17, 2012. Online entries close at 4:00 pm on Saturday, November 17, 2012. Estimated Timeline and Pre-Entry Psych Sheets will be e-mailed to the roster on Saturday, November 17, 2012.

RULES: USMS Rules govern the meet including the new swim suit rules. Officials are certified. Failure to act in a sportsmanlike or safe manner or to cooperate with the officials can result in disqualification from the meet. A USMS Rule Book will be available on deck.

\*AGE DETERMINATION: For meters meets, the swimmer's competition age is determined as of 12/31/2012 (end of the year).

WARM UP/WARM DOWN: **NO DIVING** is permitted into the pool during warm-up except into a designated "one-way" dive-only lane. Enter all other lanes feet first in a safe manner. During the meet, diving is **NEVER** permitted into the warm-up and warm-down lanes.

EVENTS: Swimmers may enter up to 5 individual events. Enter accurate short course meters times or estimates; do not omit an entry time or enter "no time." All events are seeded from slow to fast by entry time regardless of age or gender.

CHECK IN: Check-in is required for the 1500 & 800 meter Freestyles. Check-in closes at 8:45 am for the 1500 and at the end of Event 17 for the 800. Please notify the meet director if you check in and later decide not to swim. All other events are pre-seeded.

AGE GROUPS: Individual Events: 18-24, 25-29, 30-34, 35-39, etc. in five-year increments as needed.

TIMING: Electronic Timing - Colorado Timing System 5 and two timers per lane. All clubs and participants are required to assist with backup stopwatch timing during the meet.

RELAYS: \$4 each; deck entered entries due before Event #17. Relay-only swimmers must submit a completed entry form with signed liability release, a USMS card copy, & \$10 relay-only entry fee. All 4 swimmers on each relay must belong to the same USMS-member club. Relays must be composed of 4 women, 4 men, or 2 women & 2 men (mixed). A swimmer may swim only once per relay event. Cumulative age of relay members determines relay age group: 72-99, 100-119, 120-159, 160-199, etc. in 40-year increments as needed.

INFORMATION: Visit <http://www.SIMasterSwim.org> for Entry Form and post-meet results. Contact Kenton Jones, Meet Director, (858) 243-3960, [kerujo@aol.com](mailto:kerujo@aol.com)

SI LMSC MEETING: A San Diego-Imperial Local Masters Swim Committee (SI LMSC) meeting will take place during/ following the meet.